

I ♥ Thorold

LOCK 7
VIEWING COMPLEX

Cycle
Thorold
Where Ships Climb The Mountain...

Part of the...
Greater Niagara Cycle Route
www.thoroldtourism.ca

Traveller Information for cyclists

Gateway Information Centre
Casablanca Blvd Exit QEW
1.800.263.2988
www.tourismniagara.com

Pour renseignements en français
1.866.334.3033
www.bonjourniagara.com

Bike racks onboard VIA Rail Canada
service between Toronto and Niagara
www.biketrain.ca

For more Niagara cycling routes, visit
www.niagararegion.ca/exploring/cycle/Bicycle-Niagara.aspx

GREEN BELT
Possibility grows here.
www.niagaragreenbelt.com

Niagara Freewheelers Bicycle
Touring Club
www.thefreewheelers.com



2 Recreational cycling by the Welland Canal



5 Mountain cycling down Glenridge

1 Grimsby Mountain Loop
ROLLING WITH SOME HILLS - 38 km

1 Starting Point: Gateway Niagara,
QEW & Casablanca Ave., Grimsby

- 0.0 South Service Road
- 0.2 R Casablanca Boulevard
- 1.0 L Main Street West
- 1.5 R Woolverton Road (Becomes Grassie Rd)
- 9.2 R Highway 20
- 11.1 L Caistor Centre Road
- 13.0 L Twenty Road (Becomes Townline Rd)
- 22.7 L Canborough Street (Becomes Station St)
- Station Street (Becomes Thirty Rd)
- 29.6 L Ridge Road East
- 33.1 L Mountain Street
- 33.9 R Ridge Road West
- 36.7 R Woolverton Road
- 37.8 L Main Street West
- 38.6 R Casablanca Boulevard
- 38.8 L South Service Road

2 Greater Niagara Circle Route
TRAILS SYSTEM IS OVER 140 KM
OF MOSTLY OFF-ROAD, PAVED TRAILS
SUITABLE FOR WALKING, CYCLING
OR ROLLERBLADING.

- MOTORIZED VEHICLES ARE NOT PERMITTED.**
- Waterfront Trail
 - Niagara River Recreational Trail - 56 km
 - Welland Canals Parkway
 - Friendship Trail - 13.6 km
- www.niagararegion.ca **Niagara Region**

3 Wainfleet Picnic Ride
GENERALLY FLAT OR ROLLING - 42 km

3 Starting Point: Beckett's Bridge, River
Road & 24, 8193 Victoria Ave., Vineland

- 0.0 River Road @ Victoria Ave / 24
- L Victoria Avenue / 24
- 0.5 R Riverside Road / 27
- 3.3 L Traver Road
- 4.1 R Concession 6
- 10.0 L Wellandport Road / 4
- 12.1 L Wilford Road / Concession 5
- 15.5 R Winger Road (Becomes Pettit Rd.)
- 21.8 L Feeder Road
- 27.1 R Sideroad 20
- 27.2 L Park St. (no sign)
- 27.2 R Wainfleet Arena for picnic
- R Park Street
- 27.4 L Hwy. #3
- 27.6 R Mill Race Road
- 30.3 R Forks Road / 23
- 31.6 L Hewitt Road
- 33.9 R Riverside Road / 27
- 36.5 L O'Reilly's Bridge
- 36.7 L River Road
- 42.2 River Road @ Victoria Ave. / 24



4 Rockway
ROLLING WITH SOME HILLS - 38 km

4 Starting Point: Harold Black Park,
953 Haist St., Fonthill

- 0.0 Harold Black Park
- L Haist Street
- 0.5 R Foss Road
- 3.0 L Poth Street
- 4.0 R Sumbler Road
- 6.2 R Balfour Street
- 12.5 R Metler Road
- 14.1 L Centre Street
- 19.7 R Rockway Road /69
- 20.3 R Wessel Drive
- 20.7 L Ollie Street
- 22.8 L Effingham Street
- 23.1 R Sawmill Road
- 25.7 L Cream Street (Up hill also)
- 32.0 L Regional Road 20
- 32.9 R Centre Street
- 35.0 L Welland Road
- 37.9 R Haist Street
- 38.4 L Harold Black Park

5 Down Glenridge
ROLLING WITH SOME HILLS - 32 km

5 Starting Point: Wal-Mart, 170 Fourth Ave.,
St. Catharines

- 0.0 Wal-Mart
- L Vansickle Road
- 1.3 R St. Paul Street / 81
- 2.7 L Third Street
- 5.2 R Eighth Avenue
- 6.9 L Seventh Street
- 7.5 R Pelham Road / 69
- 9.0 L Wessel Road
- 10.8 R Effingham Street
- 11.5 L Roland Rd. (Becomes Holland Rd.)
- 16.3 L Cataract Road
- 19.8 R Decew Road
- 21.7 L Merrittville Hwy. (Becomes Glenridge St.)
- 24.8 L Glendale Avenue
- 26.2 R Pelham Street
- 27.3 L Rykert Street
- 27.8 R Edith Street
- 28.3 L St. Paul Street / 81
- 28.4 R Louth Street
- 29.3 L Entrance to Wal-Mart

6 Parkway to the Country and Back
ROLLING WITH SOME HILLS - 35 km

6 Starting Point: Queenston Heights Park,
Niagara Pkwy, Niagara-on-the-Lake

- 0.0 Queenston Heights Park
- R Parkway Trail
- 4.8 R Whirlpool Road
- 5.9 L Church's Lane
- 6.3 R St. Paul Ave. / 100
- 7.0 L Paved Bike Path
- 7.6 L Mountain Road 101
- 8.2 R Mewburn Rd. (Becomes Concession 6)
- 19.4 L Line 1
- 25.5 R Niagara Parkway
- 35.4 R Queenston Heights Parking Lot



6 Tandem on the Niagara Parkway

Regional Cycling Events
The Great Waterfront Trail
Adventure Tour
www.waterfronttrust.com

Greenbelt Tour
www.greenbelt.ca



1 www.thefreewheelers.com

2 www.niagararegion.ca/exploring/cycle/Bicycle-Niagara.aspx

3 www.biketrain.ca

4 www.bonjourniagara.com

5 www.tourismniagara.com

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St. Catharines
et aventure à l'année longue!
... St. Catharines offre plaisir
Hiver, printemps,
été et automne ...

Une ville toutes saisons

Pour obtenir notre guide touristique 2009:
905 688-5601 poste 1731
www.stcatharines.ca • tourism@stcatharines.ca

Renseignements pour les visiteurs en vélo

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Niagara Freewheelers Bicycle
Club de vélo
www.thefreewheelers.com

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